



Aneta

ARDELIAN KUZMA

SENIOR LEADERSHIP DEVELOPMENT
CONSULTANT/ EXECUTIVE COACH



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Aneta Ardelian Kuzma is an Executive Coach and Senior Leadership Development Consultant with Ratliff & Taylor's Leadership Development practice. After 25 years in the corporate world, she now provides executive, business, and wellness coaching to clients seeking transformational change.

Before joining Ratliff & Taylor, Aneta spent 22 years with KeyBank. She started her career as a Branch Manager and ended as Senior Vice President, Digital Acquisition & Portfolio Management.

As an Executive and Wellness Coach, Aneta takes a holistic approach to coaching, examining the leader's personal and professional goals. She helps leaders create winning mindsets with mindful leadership practices to increase confidence, focus, creativity, and productivity. She helps them redefine success, reduce stress, overcome limiting beliefs such as imposter syndrome and perfectionism, brand their unique leadership style, and design lives of purpose, passion, and peace. While many people find themselves stressed, overwhelmed, and overextended, Aneta thrives on helping others learn to live the width of their lives, not just the length.

Aneta is an ICF Certified ACC Coach, a certified Executive Coach and Mentor Coach from MentorCoach, and an Integrative Nutrition Health Coach from the Integrative Institute of Nutrition. She received her BA from Miami University of Ohio and earned her MBA from Weatherhead School of Management at Case Western Reserve University.

In her free time, Aneta loves to spend time with her husband and two daughters, practice yoga, cook healthy meals, and spend time in nature, reading and traveling.

EDUCATION

MBA, Weatherhead School of Management,
Case Western University

C.B.A., Executive Banking School

B.A., Miami University

PROFESSIONAL CERTIFICATIONS

ICF Certified ACC Coach

Certified Executive Coach, MentorCoach

Certified Mentor Coach, MentorCoach

Integrative Nutrition Health Coach,
Integrative Institute of Nutrition

Emotional Intelligence, Case Western Reserve
University

Prosci Change Management Certification

Positive Intelligence

YWCA Momentum Leadership Program

Certified Yoga Instructor

Certified Meditation Instructor

Podcast Host

CIVIC INVOLVEMENT

Former Board Member, YWCA Greater
Cleveland

Former Board Member, Stairs

Wellness Coach Volunteer, Kinnect

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